

AUGUST | 2023

Meet Up Eat Up



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1 Granola Bar/Cereal Yogurt Cup 100% Juice Fresh Fruit Choice of Milk	2 Banana/Blueberry Bread Cereal 100% Juice Cup Fresh Fruit Choice of Milk	3 Poptart/Cereal 100% Juice Fresh Fruit Choice of Milk	4 No Meals
7 Warm Muffin 100% Juice Fresh Fruit Choice of Milk	8 Granola Bar/Cereal Yogurt Cup 100% Juice Fresh Fruit Choice of Milk	9 Banana/Blueberry Bread Cereal 100% Juice Cup Fresh Fruit Choice of Milk	10 Poptart/Cereal 100% Juice Fresh Fruit Choice of Milk	11 No Meals
14 Warm Muffin 100% Juice Fresh Fruit Choice of Milk	15 Granola Bar/Cereal Yogurt Cup 100% Juice Fresh Fruit Choice of Milk	16 Banana/Blueberry Bread Cereal 100% Juice Cup Fresh Fruit Choice of Milk	17 Poptart/Cereal 100% Juice Fresh Fruit Choice of Milk	18 No Meals
21 Warm Muffin 100% Juice Fresh Fruit Choice of Milk	22 Granola Bar/Cereal Yogurt Cup 100% Juice Fresh Fruit Choice of Milk	23 Banana/Blueberry Bread Cereal 100% Juice Cup Fresh Fruit Choice of Milk	24 Poptart/Cereal 100% Juice Fresh Fruit Choice of Milk	25 No Meals
28 Warm Muffin 100% Juice Fresh Fruit Choice of Milk	29 Granola Bar/Cereal Yogurt Cup 100% Juice Fresh Fruit Choice of Milk	30 Banana/Blueberry Bread Cereal 100% Juice Cup Fresh Fruit Choice of Milk	31 Poptart/Cereal 100% Juice Fresh Fruit Choice of Milk	1

News

Meat Up Eat Up

Breakfast Time-
8:15 – 8:45

Jones Cafeteria
400 S 10th St.

Milk Choices-
Skim White
1% White

Fruit Choices-
Apple Slices
Clementine
Applesauce Cup
Mixed Fruit Cup